**Senioren**

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| **Heren** |  | **Dames** |
| Esch, Bert van |  | Smit-Korringa, Jannie |
| Panneman, Arjen |  | Paardekooper-Nanninga, Ingrid |
| Vemde, Alwin van |  | Boer-Bomhof, Angeline de |
| Laan, Eric van der |  | Vries - Hofstra, Evelien de |
| Kootstra, Teun Jan |  | Brink, Gabrielle van den |
| Brouwer, Erik |  | Wijngaard, Jessica |
| Lunshof, Menno |  | Jansen, Marianne |
| Steenhuisen, Tjerry |  | Slot, Marijke |
| Pelster, Kees |  | Popken, Marijke |
| Mulder, Tonko |  | Popken, Petra |
| Heijda, Wiebren |  | Koolstra, Marieke |
| Timpen, Mark |  | Veen, Gerdie van der |
| Lammerts, Bas |  | Sloot, Laura |
| Klingenberg, Dennis |  | Smit, Marit |
| Zonderman, Stephan |  | Nienhuis, Liset |
| Oudshoorn, Ruben |  | Blaauw, Marloes |
| Zegwaard, Marco |  | Koster, Lysanne |
| Sloot, Riccardo |  | Koster, Maaike |
| Abbingh, Joss |  | Paardekooper, Amber |
| Lakerveld, Allard |  | Regien, Annet |
| Leistra, Ferry |  | Noord, Karlijn |
| Scheffer, Jostein |  | Hulsebosch, Merle |
| Buisman, Tristan |  | Gool, Sophie van |
| Zonderman, Daniël |  | Mollenhorst, Ylona |
| Elenius, Kevin |  | Kuin, Meike |
| Sijbring, Jesse |  | Willigenburg, Sylke |
| Scheffer, Jesse |  | Rooij, Evelien de |
| Schoenmaker, Roald |  | Blaauw, Suzanne |
| Sun, Mark |  | Dijkstra, Tialda |
| Terpstra, Rob |  | Boer, Celine de |
| Sloot, Alessandro |  | Mulder, Lisa |
| Nienhuis, Huub |  | Hes, Lisa |
| Ottens, Bas |  | Darwinkel, Annelien |
| Schoenmaker, Leon |  | Buisman, Indra |
| Tjoelker, Rick |  | Koster, Michelle |
| Heitman, Jesse |  | Diepen, Jaël van |
| Bieleveld, Berjan |  | Paardekooper, Kaylee |
| Klingenberg, Bas |  | Koobs, Fleur |
| Sijbring, Julian |  | Alting, Britt |
| Boer, Yorick de |  | Wilde, Marit de |
| Dokter, Jesse |  | Pries, Leonie |
| Buisman, Nathan |  | Nowee, Elise |
| Guldenaar, Maurice |  | Klootsema, Sophie |
| Terpstra, Nick |  | Dokter, Roos |
| Sijbring, Twan |  |  |
| Mars, Niek de |  |  |
| Visser, Roban |  |  |
| Eusterbrock, Rutger |  |  |

**A-Jeugd**

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| **Heren** |  | **Dames** |
| Poelhorst, Jonas |  | Koster, Raisa |
| Ganzevoort, Nathan |  | Roberts, Cerijs |
| Moock, Robbin van |  | Damhuis, Manon |
| Jonge, Thom de |  | Weinreich, Isa |
| Spoelder, Justin |  | Veenstra, Isa |
| Oomkes, Thom |  | Wijk, Anouk van der |
| Giezen, Rick van der |  | Hofstra, Renee |
| Groot, Daan de |  | Meijering, Saskia |
| Siemensma, Ivo |  | Tenhage, Esmée |
| Meijeringh, Dylan |  | Guldenaar, Marissa |
| Eusterbrock, Casper |  | Klugkist, Marijke |
| Moock, Jesper van |  | Vries, Lisanne de |
| Oldenhuis, Thomas |  | Mellema, Eefke |
| Lingen, Joris van |  | Linker, Roos |
|  |  | De Seriere du Bizournet, Marit |
|  |  | Thijen, Laura |

**B-Jeugd**

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| **Heren** |  | **Dames** |
| Norg, Joël |  | Roelevink, Britt |
| Kamp, Medes van der |  | Oenema, Diana |
| Ploeg, Daniel van der |  | Linker, Sophie |
| Nienhuis, Cas |  | Weinreich, Maayke |
| Leeuwerke, Boyd |  | Scholte, Kirana |
| Dijkstra, Jesse |  | Vries, Sarah de |
|  |  | Dijkstra, Fenna |
|  |  | Moock, Iris van |
|  |  | Nispen, Fleur van |

**C-Jeugd**

|  |  |  |
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| **Heren** |  | **Dames** |
| Rabius, Kevin |  | Dalen, Sharon van |
| Thies, Jorn |  | Heijda, Yris |
| Nekeman, Arthur |  | Stegeman, Sanne |
| Willemsen, Jaimy |  | Brinkman, Naomi |
| Vredenborg, Jay |  | Boere, Dominique |
|  |  | Mellema, Josanne |
|  |  | Braam, Iris |
|  |  | Nekker, Mirthe de |
|  |  | Kuipers, Evy |

**D-Jeugd**

|  |  |  |
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| **Heren** |  | **Dames** |
| Norg, Rix |  | Kamp, Dione van der |
| Nekeman, Lars |  | Thies, Amy |
|  |  | Katerberg, Elin |
|  |  | Muslic, Amber |
|  |  | Westerhof, Silvia |
|  |  | Lolkema, Iris |
|  |  | Oomkes, Annique |
|  |  | Dijk, Tessa van |
|  |  | Bettighofer, Milou |

**E-Jeugd**

|  |  |  |
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| **Heren** |  | **Dames** |
| Vredenborg, Just |  | Swijghuizen, Nadine |
| Veldkamp, Tim |  | Pelster, Jade |
| Meints, Dorian |  | Ketelaar, Suze |
| Kooij, Youri van der |  | Feikens, Sharmaine |
| Jansema, Twan |  | Berge, Yardi ten |
| Geertsema, Levi |  | Heijda, Femke |
|  |  | Meer, Mitsya van der |
|  |  | Bettighofer, Benthe |
|  |  | Turksema, Maud |
|  |  | Huizen, Lara van |

**F-Jeugd**

|  |  |  |
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| **Heren** |  | **Dames** |
| Kooij, Kasper van der |  | Lolkema, Eva |
| Veldkamp, Lars |  | Temminck, Lisanne |
| Geertsema, Dayan |  |  |